



# July 2013



Sun Mon Tue Wed Thu Fri Sat

	1	2 <b>Tai Chi</b> 10:30am	3	4	5 <b>Tai Chi</b> 9:15am <b>Tai Chi</b> 10:30am	6 <b>Brown Bag</b> "Birds of the Gods" documentary 12:00Noon * FREE <b>Tai Chi</b> 3pm
	9 <b>Tai Chi</b> 10:30am	10	11 <i>Swamp Tales</i> 3:45pm * 3- 6 years old FREE	12 <b>Tai Chi</b> 9:15am <b>Tai Chi</b> 10:30am	13 <b>Tai Chi</b> 3pm	
14	15	16 <b>Tai Chi</b> 10:30am	17	18 <i>Oxbow's Natives</i> 3:45pm * Ages 5 and up FREE	19 <b>Tai Chi</b> 9:15am <b>Treehouse Time</b> 9:30am*FREE <b>Tai Chi</b> 10:30am	20 <b>Tai Chi</b> 3pm
21	22	23 <b>Tai Chi</b> 10:30am	24 	25	26 <b>Tai Chi</b> 9:15am <b>Tai Chi</b> 10:30am	27 <b>Tai Chi</b> 3pm
28	29	30 <b>Tai Chi</b> 10:30am	31			

**Spirit of Nature Jr. Art Camp**

**Spirit of Nature Art Camp**

# July is Designer Adaptations Month

*The will to survive is inherent in all animals and each has developed its own ways to ensure the next generation will carry on the species. Learn about 'Designer Adaptations' of various animals from Florida's raccoons to New Guinea's birds of paradise. Drop in Tuesday through Friday from 12 pm-5pm and Saturday from 10 am-5 pm to check out the 'adaptations' exhibit and kids activity area. The trails are open daily from dawn until dusk. The Center and the trails are FREE to visit.*

**Tai Chi for Health Classes** — Beginner & Intermediate classes: Tuesdays at 10:30am, Fridays at 9:15am & Saturdays at 3pm; Tai Chi Yang Form: Fridays at 10:30am at the Oxbow Eco-Center. RSVP- \$10 per class or \$32 for 4 classes, 772-785-5833 or [oxbow@stlucieco.org](mailto:oxbow@stlucieco.org). Tai Chi instructors Hilde and Hector Ruiz-Puyana will lead classes in Tai Chi for Health and Tai Chi Yang Form, designed for everyone, including those who suffer from arthritis, diabetes, osteoporosis, and balance issues. Appropriate for ages 16 and up. RSVP a must.

**Brown Bag Documentary "Birds of the Gods"** — July 6th at 12 pm, FREE. Deep in the heart of New Guinea live birds of unimaginable color and beauty. While their adaptations of colorful plumage and unique features are impressive, the most spectacular adaptations they have acquired are behavioral. Bizarre courtship displays by the male birds show off their exquisite assets, as they dance, puff out, vibrate, hang upside down, stretch their wings, and even contort their bodies into completely different shapes in order to impress a nearby female. Join us as David Attenborough follows a team of young scientists in search for the mysterious birds of paradise. This is a FREE lunchtime movie. **No RSVP required.**

**Swamp Tales**—July 11th at 3:45pm, FREE. Join us for a "novel" adventure with Miss Kitty, our fabulous storyteller. Each month the story changes but the fun never stops! This free story and activity program is appropriate for ages 3 to 6. **FREE**

**Spirit of Nature Jr. Art Camp**—July 15th -19th; 8:30am – 12:30pm at the Oxbow Eco-Center; Campers ages 7 to 10 years old, join us for a week filled with creativity and fun. Let your child catch the wave with this year's underwater-themed art camp filled with creativity and fun. We will be exploring many different art and craft mediums in an effort to allow your child to improve their self-expression and gain confidence. Bring your own snacks. **\$95 per camper (includes all art supplies) Pre-registration required.**

**Oxbow and the Natives "Raccoons"**—July 18th 3:45pm, FREE, children ages 5 and up. Raccoons are considered to be a pest by some people because of their adaptability in the urban environment. In fact, the raccoon has proven to be one of the most adaptive animals on earth! Learn about how these masked bandits have learned to live with people and thrived. This free program is designed for ages 5 and up. **FREE.**

**Treehouse Time "Spots, Stripes and Shapes"**—July 19th at 9:30am, FREE. Some have spots, some have stripes and some just have funny shapes! Children and parents will learn about nature's color patterns through some silly and fun songs with entertainer extraordinaire Miss Kathy. This is a free program appropriate for ages 3 to 5 with an adult. **FREE.**

**Art Class—There is NO art class this month**

**Spirit of Nature Art Camp**—June 29th –Aug 2nd ; 8:30am – 2:30pm at the Oxbow Eco-Center; Campers ages 10 to 17 years old, join us for a week filled with creativity and fun. Let your child catch the wave with this year's underwater-themed art camp filled with creativity and fun. We will be exploring many different art and craft mediums in an effort to allow your child to improve their self-expression and gain confidence. Bring your own lunch and snacks. **\$125 per camper (includes all art supplies) Pre-registration required.**



Phone: (772) 785-5833 \* [www.oxboweco.com](http://www.oxboweco.com)

5400 NE St. James Drive, Port St. Lucie, FL 34983

Center Hours: Tuesday—Friday 12:00 noon to 5:00 pm; Saturday 10:00 am to 5:00 pm

